

# Xterra®

## Trout Creek Trail Runs

### SUNDAY MARCH 6, 2011

- Great Trail Running
- Heavy Duty T-shirts for all races
- Custom Awards to Top 25 Male & Female in each race
- Post-Race Food & Party

**Course:** Absolutely beautiful and challenging 5K & 15K trail runs that wind through the pines and scrub oaks in Trout Creek. To see all the race information, go to the website at [www.tamparaces.com](http://www.tamparaces.com).  
Races start at 8:30 a.m. and are held rain or shine.

**Directions:** From I-75 take the Fletcher Ave. exit (the Hidden River exit) and go east .3 miles. (Fletcher Ave. Changes to Morris Bridge Road) Look on the left for the entrance to Trout Creek. Drive another .8 miles to the registration area. *(note: there is now a \$2 fee to enter the park)*

**Awards:** Custom trophies to: Overall Male and Female; Overall Masters Male and Female; Embroidered Running Hats to Top 25 Male and Top 25 Female.

**Food:** Rice and Beans, Ice Cream, Cookies, Bananas, Apples, Bagels, Water, Grade, Hotdogs (food by a catering company)

**Registration:** Early registration by mail (see below) or online at [www.active.com](http://www.active.com) is \$26/\$36. Race Day registration is \$30/\$40.

**Xterra:** The only XTERRA qualifying event for the series will be the XTERRA 10M. For more details, go to [TampaRaces.com](http://TampaRaces.com)

[www.TampaRaces.com](http://www.TampaRaces.com)  
and register online at [www.active.com](http://www.active.com)  
**(813) 232-5200**



### Another Great Event from [www.TampaRaces.com](http://www.TampaRaces.com)!

Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 CityStZip: \_\_\_\_\_  
 Phone: \_\_\_\_\_  
 Email: \_\_\_\_\_  
 T-shirt Size:    S    M    L    XL            Sex:    M    F  
 Age on Race Day: \_\_\_\_\_ Race Name \_\_\_\_\_

*Mail entry form and check or money order payable to Hillsborough Trails for:*

Trout Creek - Early Reg. 5K - \$26; 15K - \$36;  
 Race Day - 5K - \$30; 15K - \$40

Hillsborough Trails · 4634-A N. Florida Ave. · Tampa, FL 33603  
 (Registration Fees are non-refundable)

RAIN OR SHINE

Waiver: (every participant must sign this waiver): I know that running a foot race is a potentially hazardous activity. I agree to abide by any decision of a race official as to my ability to safely complete the run. I assume all risks associated with running in this event. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Hillsborough Trails, Hillsborough County, all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in any Tampa Races trail race, even though that liability may arise out of negligence or carelessness on the part of the person named in this waiver. hereby grant permission for free use of my name and picture in any broadcast, brochure or account of this event.

Signature \_\_\_\_\_ Date \_\_\_\_\_  
 (Parent or guardian signature is mandatory if participant is under 18)